



The Counseling News is a valuable tool for students and their parents. By the first Friday of each month this bulletin will be updated and available on our school's website at shs.fz.k12.mo.us. It is designed to guide students as they plan for life during and after high school. College and Tech school admission deadlines, scholarship criteria and deadlines, campus happenings, financial aid etc. will all be highlighted each month.

ACT TEST DATES 2017-2018

Test Date	Registration Deadline
Oct. 28, 2017	Sept. 22, 2017
Dec. 9, 2017	Nov. 3, 2017
Feb. 10, 2018	Jan. 12, 2018
Apr. 14, 2018	Mar. 9, 2018
Jun. 9, 2018	May 4, 2018
Jul. 14, 2018	Jun 15, 2018

Test Fees

ACT no writing \$46
 ACT plus writing \$62.50

Register **ONLINE** at www.actstudent.org and remember it is important to enter our school code **263137**

IMPORTANT!!!!

Most colleges require your ACT score be sent directly to them from ACT therefore.....
 Include college codes when registering for ACT

Having score sent later directly from ACT will cost you extra!

School Counselors

Mrs. Lacey Kreider Lukowski A - E
 Mrs. Nicole Joyner F - K
 Mrs. Susan Rasch L - Q
 Dr. Laura Curran R - Z

Prevention/Crisis Counselor

Mr. Nato Popp

Counseling Secretaries

Mrs. Janice Francis
 Mrs. Patti Wilmes - Registrar

Financial Aid Secretary

Mrs. Karen Terjelian

IMPORTANT INFO FOR PARENTS

We are required by Federal law to provide lists to military recruiters of our junior and senior students. We will provide students' name, address and phone number (unless the number is unlisted). If you do not want this information given, you must submit a request in writing to your students' school counselor. Additionally, if for any reason you have a problem with a military recruiter or you feel your student is being unduly pursued, please don't hesitate to let us know.



SELECTIVE SERVICE (Males only)

DID YOU KNOW? The law requires virtually all male U.S. Citizens and male immigrants residing in the U.S. (permanent resident aliens), to register within 30 days of their 18th birthday. By neglecting to do so, you could be denied student loans, government jobs and possibly your driver's license. For more information, go to www.sss.gov



HELPFUL INFO & WEBSITES

Career Planning

www.Bls.gov/oco
 (Occupational Outlook Handbook)
www.Dhe.mo.gov
www.Missouriconnections.org
 (Get user name from Counselor)
www.Careerkey.org
www.Explorehealthcareers.org

College Info

www.Collegeboard.com
www.Collegeview.com
www.Atozcolleges.com
www.Petersons.com
 The College Handbook (available in career center)

Financial Aid

www.Finaid.org
www.Studentaid.ed.gov
www.Fafsa.ed.gov
www.Collegeanswer.com
www.Ssfstl.org (Scholarship Foundation of St. Louis)

Scholarships

www.Fastweb.com
www.Scholarshipexperts.com
www.Fz.k12.mo.us
www.Wiredscholar.com
www.Finaid.org
www.Collegeanswer.com
www.Weeklyscholarshipalert.com
www.Stlouisgraduates.org
www.Scholarshipresourcecenter.wustl.edu

Military

Air Force

www.Afas.org (Aid Society)
www.Afrotc.com (ROTC)
www.Usafa.af.mil (Academy)

Army

www.Aerhq.org (Army Relief)
www.Armyrotc.com (ROTC)
www.Usma.edu (Academy)

Navy/Marines

www.Nmcrcs.org (Relief Society)
www.Nrotc.navy.mil (ROTC)
www.Usna.edu (Academy)

Coast Guard

www.Cga.edu (ROTC)

National Guard

www.Nationalguard.mil



@fzscounseling

IMPORTANT DATES

FINANCIAL AID NIGHT: (College-bound students and parents are strongly encouraged to attend). You can attend whichever one is convenient to you.

- East High - Wed. September 20 at 6:30 p.m. in auditorium
- **South High - Tues. October 3 at 6:30 p.m. in auditorium**
- West High - Thurs, October 12 at 7:00 p.m. in auditorium
- North High - Thurs. October 19 at 6:30 p.m. in library

SENIOR ORIENTATION MEETINGS: Throughout the month of September the counselors will meet one-on-one to discuss each students' senior plans and goals.

EARLY GRADUATION/EARLY RELEASE:

Seniors considering early graduation/early release must see their counselor for an application. Completed and signed applications are due back to your Counselor by Friday, October 27, 2017.

A.S.V.A.B. TEST: November 15, 2017 Students may sign up to take the A.S.V.A.B. This is a military entrance exam that provides relevant and helpful career information for all students: college bound, military, and those seeking employment.

JUNIORS & SENIORS - WHAT YOU SHOULD BE DOING NOW

- *Register for the next ACT*
- *Review career plans*
- *Put a resume together. Samples in counseling office if needed*
- *Continue college visits. Does the college you are interested in require or recommend an interview?*
- *Compare the schools/colleges on your list*
- *Narrow your list*
- *Visit with reps when they are at South High (listen to announcements or on twitter @fzscounseling to see who is coming)*
- *Apply to the schools/colleges of your choice*
- *If you are planning to play Div I or Div II sports in college then you will need to register for the NCAA Clearinghouse online at www.eligibilitycenter.org now or NAIA Clearinghouse at www.playnaia.org*
- *Research and apply for many scholarships*
- *Attend Financial Aid Night on October 3, 2017 at 6:30 p.m.*

Contact people you are asking to write references. Give them plenty of time to develop an accurate, positive recommendation.



COLLEGE REPRESENTATIVES VISITING SOUTH HIGH

To get the up to the minute list of College and University Representatives visiting South High...

[CLICK HERE](#)

MILITARY VISITS

Representatives from the various branches of the military visit monthly during all three lunches. They will be able to answer any questions you may have.

Marines - 1st Tuesday of each month

Navy - 2nd Tuesday of each month

Army National Guard - 3rd Tuesday of each month

\$SCHOLAR\$HIP\$



Do you need help finding scholarships? Click [HERE](#) to see some that we have found for you. The list is constantly being updated so check often.



ACING YOUR COLLEGE ESSAYS

Many colleges and scholarships require that you write an essay of some kind as part of your application. To help you do this, we've put together some tips and advice. Some of this might sound like common sense, and it is, but it's still important to know.

ANSWER THE QUESTION

Most organizations sponsoring scholarships will ask that you write your essay on a particular topic. Whatever else you do in your essay you must answer the question being asked of you or write on a topic that's been specified. You won't get anywhere if you write a brilliant essay on an unrelated topic or don't address the question specifically and directly. Your essay will be thrown into the "NO" pile quicker than you can say: "But wait..." and you will end up missing a chance to seriously compete with other applicants who answered the question.

CUSTOMIZE YOUR ESSAY FOR EACH APP

If you're applying for dozens of scholarships it might be tempting to try and re-use your essays - to submit an essay you wrote for one scholarship to another. And don't get us wrong; this is definitely a great and right idea. But under one condition: That the scholarship for which you're re-using your essay asks the same question or has the same required topic as the original scholarship for which you wrote the essay in the first place. One of the easiest things to spot is a generic essay that was not written specifically for that scholarship.

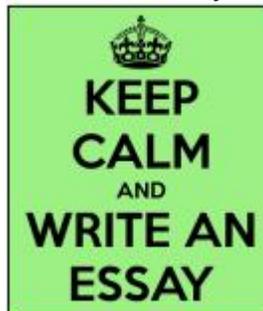
GET RID OF THE FIRST PARAGRAPH

Ever ridden your bike up the hill? It's tough to just start at the bottom of the hill and start pedaling - your legs will cramp up and you'll be covered with sweat trying to gain speed going uphill. But you'll get uphill much faster and easier if you start further back on the flat surface and gain some speed before you begin to ride up the hill. We do this in writing as well. To make our job easier, we start writing on a certain topic and use the first paragraph or two as our pre-hill wind-up. Then we gain some speed and in the next paragraphs begin to actually write the core of our essay or to keep with the analogy, climb the hill. It's easier to get your thoughts flowing before you really dive into the substance of what you're writing, but it doesn't make

In fact, it makes it worse. Wind-up paragraphs are weak beginnings and weak beginnings doom most essays. You have to hook the reader right away, from your first words and your first sentences. If you don't, your essay is headed to the "NO" pile.

SOUND HUMAN

It's hard to like someone who does not seem human or sound human. Don't hide behind big words - let your personality and your own voice come through in your essays. Sure, you should write eloquently, with correct grammar, and in a voice more formal than what you use when texting your buddies. But don't sound so still that you stop sounding human.



AVOID CLICHÉS

Clichés are weak, they sound generic, and they're an easy way out for finding the right words to express something. Use your own words to express your own ideas because you need to stand out from hundreds or thousands of other essays, many probably filled with the same old clichés. You need your essay to be unique, and what's less unique than a bunch of overused clichés?

FOLLOW DIRECTIONS CAREFULLY

Your chance to get creative is in your scholarship essay, not in the way in which you submit it. If the directions ask that you put your first and last name and email on every page of your essay, guess what? Put your first and last name and your email on every page of your essay. There's no room for improvisation here. If you're asked to submit your essay via e-mail, don't send it in by mail, or vice versa. Not following directions makes you appear sloppy and irresponsible. That's the last impression you want your essay to create, so make sure that you follow directions exactly.

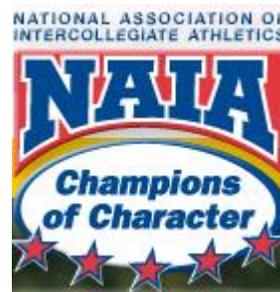
PROOFREAD

Don't jeopardize your chances of being seriously considered for a scholarship by sending in a sloppy essay. Proofread your work carefully, don't rely on the spell checker on your computer, and, if possible, get someone else to read your essay. You want your voice and your main points to come through, not the applicant who didn't feel like proofreading.

Good luck and write well!



**IF YOU PLAN ON PLAYING A COMPETITIVE SPORT IN
COLLEGE YOU MUST
REGISTER WITH THE NCAA OR NAIA
CLEARINGHOUSE**



Students may apply online at www.eligibilitycenter.org
You will be asked for your high school code. FZS code is 263137

After completing the online process be sure to stop by the counseling office and get a transcript release form. The clearinghouse requires a transcript be sent after 6 semesters, and another one at the end of your senior year.

When registering to take the ACT you ***MUST*** enter code **9999** in your college and scholarship choices section (O). This will ensure that your ACT score will be sent directly to NCAA.

Students may apply online at www.playnaia.org
You will be asked for your high school code. FZS code is 263137

After completing the online process be sure to stop by the counseling office and get a transcript release form. The clearinghouse requires a transcript be sent at the end of your senior year.

When registering to take the ACT you ***MUST*** enter code **9876** in your college and scholarship choices section (O). This will ensure that your ACT score will be sent directly to NAIA.



COLLEGE HAPPENINGS AND SPECIAL EVENTS

Finding a college that is right for you means figuring out what you want in a college.

Remember that making a decision about college can take some time. As you do some research and some college visits, you will begin to identify the characteristics that are really important to you.

Once you have some college choices, visit their website to see when they will be offering "visit" days. You can visit during the scheduled days or call and schedule your own personalized campus visit. It is difficult to make a decision on a college when you have never set foot on the campus to see if it "feels" right for you.

SIU EDWARDSVILLE - EXPLORE DAYS

Students and parents are invited to meet faculty, staff and currently enrolled students. You will see demonstrations of various procedures and tour the campus. You must register at <http://www.siu.edu/admissions/visit/>

School of Nursing - September 16, 2017

School of Education, Health and Human Behavior - September 30, 2017

College of Arts and Sciences - September 30, 2017

School of Pharmacy - October 14, 2017

School of Business - November 4, 2017

School of Engineering - November 11, 2017

ST. CHARLES COMMUNITY COLLEGE - COLLEGE FAIR – Thursday, September 21, 2017 from 6:00 p.m. to 7:30 p.m. in the College Center Gym. A list of colleges attending can be found on their website <http://www.stchas.edu/admissions/college-fair.html>

MISSOURI STATE SHOWCASE 2017 - Sunday, October 7, 2017. Free for students and their family. Take a campus tour and see residence halls. Learn about admissions, financial aid and housing. Register online at www.missouristate.edu/sc

ST. LOUIS PERFORMING & VISUAL ARTS FAIR - Webster University (Grant Gymnasium)
Saturday, October 7, 2017 from 1:00 p.m.—3:00 p.m.

LINDENWOOD UNIVERSITY—BELLEVILLE—Open House Saturday, October 7, 2017
The event check-in starts at 8:00 a.m. with the welcome session starting at 9:00 a.m. You will end the day with free lunch on campus. Register at <http://www.lindenwood.edu/belleville/about/events/> or call 618-239-6047

K-STATE SENIOR DAYS— \$20 per student and \$15 for each parent, family member, or guest, which covers program materials, parking, and lunch. Register online early at <http://www.k-state.edu/admissions/seniors.html> or call 1-800-432-8270.

Monday, October 2, 2017

Friday, October 6, 2017

Monday, October 9, 2017

Monday, October 16, 2017

Friday, November 3, 2017

Friday, November 10, 2017

K-STATE JUNIOR DAYS - The cost is \$20 per student and \$15 for each parent, family member, or guest, which covers program materials, parking, and lunch.

Monday, November 13, 2017

Friday, December 1, 2017

Monday, December 4, 2017

Friday, December 8, 2017

If you miss your chance to attend a fall Junior Day, don't worry. There will be five more Junior Days during the spring semester.



COLLEGE HAPPENINGS AND SPECIAL EVENTS

NATIONAL COLLEGE FAIR AT ST. LOUIS UNIVERSITY – Sunday, October 2, 2017 from 1:00 p.m. to 4:00 p.m.
FREE. You must register at <https://www.nacacfairs.org/> or call 703-299-6825

Location:

[Saint Louis University](#)
Simon Recreation Center
3639 Laclede Avenue
Saint Louis, MO 63108
314-977-2500

SOUTHEAST MISSOURI STATE SHOW ME DAYS - 10 a.m. - 3 p.m. Register by calling (573) 651-2590 or online at www.semo.edu/admissions/specialevent. All Show Me Days begin at 10 a.m. at the Show Me Center

Saturday, October 7, 2017
Saturday, November 11, 2017
Monday, November 13, 2017
Saturday, February 17, 2018
Monday, February 19, 2018
Saturday, April 7, 2018

UNIVERSITY OF MISSOURI - COLUMBIA

Prospective high school students and their families can get a true sense of life at Mizzou. Space is limited on a first-come, first-serve basis. You can attend any or all of the sessions that you choose throughout the day. Families will be assigned a tour time when checking in, but the day is yours to explore from there. Complimentary lunch is included.

You can register at <https://admissions.missouri.edu/friday-open-house/> or <https://admissions.missouri.edu/saturday-open-house/>

MEET MIZZOU DAYS 8:00 A.M. - 2:00 P.M. (ACADEMIC FAIR AND TOUR)

- Saturday, September 30, 2017
- Saturday, October 28, 2017

BLACK & GOLD DAYS 9:00 A.M. - 3:00 P.M. (VISIT CLASSES WHILE IN SESSION)

- Friday, October 13, 2017
- Friday, October 20, 2017

WEBSTER UNIVERSITY - PREVIEW DAYS!

Speak with faculty, chat with students and learn about the admission and financial aid process. Complimentary lunch is provided. RSVP online at www.webster.edu/previewdays

Saturday, October 14, 2017
Monday, November 6, 2017
Friday, December 8, 2017

Monday, February 19, 2018
Saturday, March 24, 2018



COLLEGE HAPPENINGS AND SPECIAL EVENTS

MISSOURI UNIVERSITY OF SCIENCE & TECHNOLOGY

Register for any of these events at <http://futurestudents.mst.edu/visit/>

OPEN HOUSE DAYS

Saturday, October 7, 2017

Saturday, November 11, 2017

DISCOVER DAYS (MINI-OPEN HOUSE)

Friday, September 29, 2017

Friday, October 6, 2017

Friday, October 13, 2017

Friday, October 20, 2017

Monday, October 23, 2017

Friday, October 27, 2017

Monday, October 30, 2017

Monday, November 13, 2017

UNIVERSITY OF MISSOURI ST. LOUIS - UMSL DAY Saturday, November 11, 2017 11:00 a.m.- 4:00 p.m. - You'll get a personalized, student-guided tour of campus. Meet faculty, hang out with current students and learn more about financial aid and scholarship opportunities. Feel free to bring your friends and family members along. Must register at <http://forms.ums.edu/ums-day/> or call 888-GO-2-UMSL.

The Blanche M. Touhill Performing Arts Center is located on the campus of the University of Missouri-St. Louis.

RANKEN TECHNICAL COLLEGE would like to invite you to experience the superior hands-on training of their technical and automotive programs by participating in the **Shadow-a-Tech program**. You can spend the day on campus, attend class with a Ranken student, tour the campus, and learn about the admissions process. Space is limited, so please Register early online at www.ranken.edu early.

ALL LOCATIONS:

Wednesday, October 11, 2017

Wednesday, November 8, 2017

Wednesday, December 6, 2017

Wednesday, February 14, 2018

Wednesday, March 7, 2018

Wednesday, April 11, 2018

Wednesday, July 11, 2018

OPEN HOUSE:

WENTZVILLE

Saturday, November 4, 2017

Saturday, April 14, 2018

Saturday, June 9, 2018

ST. LOUIS

Saturday, October 21, 2017

Saturday, March 24, 2018

Saturday, June 9, 2018





Grow Your Own Teachers Program

Fort Zumwalt School District is looking for students who are interested in pursuing careers in teaching in high need areas. High need areas presently include special education, industrial technology, high school science, physics, high school math, high school foreign language, and ELL.

BENEFITS

- Components of the program include seminars, work experience, mentor support, job placement, and possible financial assistance
- Seniors may apply for the program, and, if selected, receive financial assistance in the amount of \$3,000 per semester for up to eight (8) semesters total

In the spring each year juniors and seniors interested in teaching are invited to attend a Leadership Seminar at a nearby University. There they will learn more about the high needs teaching areas and the Grow Your Own Program.

