



The Counseling News is a valuable tool for students and their parents. By the first Friday of each month this bulletin will be updated and available on our school's web-site at [shs.fz.k12.mo.us](http://shs.fz.k12.mo.us). It is designed to guide students as they plan for life during and after high school. College and Tech school admission deadlines, scholarship criteria and deadlines, campus happenings, financial aid etc. will all be highlighted each month.

## ACT TEST DATES 2016-2017

Test Date	Registration Deadline
Jun. 10, 2017	May 5, 2017

### Test Fees

ACT no writing \$42.50  
 ACT plus writing \$58.50

Register **ONLINE** at [www.actstudent.org](http://www.actstudent.org) and remember it is important to enter our school code **263137**

## NEW ACT POLICY!!!!

Most colleges require your ACT score be sent directly to them from ACT therefore..... Include college codes when registering for ACT

Having score sent later directly from ACT will cost you extra!

### School Counselors

Mrs. Lacey Kreider Lukowski A - Fa  
 Ms. Paula Ake Fe- K  
 Mrs. Susan Rasch L - Roa  
 Dr. Laura Curran Rob - Z

### Prevention/Crisis Counselor

Mr. Nato Popp

### Secretaries

Mrs. Janice Francis  
 Mrs. Lisa Hearst - Registrar

### Financial Aid Secretary

Mrs. Karen Terjelian

## IMPORTANT INFO FOR PARENTS

We are required by Federal law to provide lists to military recruiters of our junior and senior students. We will provide students' name, address and phone number (unless the number is unlisted). If you do not want this information given, you must submit a request in writing to your students' school counselor. Additionally, if for any reason you have a problem with a military recruiter or you feel your student is being unduly pursued, please don't hesitate to let us know.



## SELECTIVE SERVICE (Males only)

**DID YOU KNOW?** The law requires virtually all male U.S. Citizens and male immigrants residing in the U.S. (permanent resident aliens), to register within 30 days of their 18th birthday. By neglecting to do so, you could be denied student loans, government jobs and possibly your driver's license. For more information, go to [www.sss.gov](http://www.sss.gov)



### HELPFUL INFO & WEBSITES

#### Career Planning

[www.Bls.gov/oco](http://www.Bls.gov/oco)  
 (Occupational Outlook Handbook)  
[www.Dhe.mo.gov](http://www.Dhe.mo.gov)  
[www.Missouriconnections.org](http://www.Missouriconnections.org)  
 (Get user name from Counselor)  
[www.Careerkey.org](http://www.Careerkey.org)  
[www.Explorehealthcareers.org](http://www.Explorehealthcareers.org)

#### College Info

[www.Collegeboard.com](http://www.Collegeboard.com)  
[www.Collegeview.com](http://www.Collegeview.com)  
[www.Atozcolleges.com](http://www.Atozcolleges.com)  
[www.Petersons.com](http://www.Petersons.com)  
 The College Handbook (available in career center)

#### Financial Aid

[www.Finaid.org](http://www.Finaid.org)  
[www.Studentaid.ed.gov](http://www.Studentaid.ed.gov)  
[www.Fafsa.ed.gov](http://www.Fafsa.ed.gov)  
[www.Collegeanswer.com](http://www.Collegeanswer.com)  
[www.Ssfstl.org](http://www.Ssfstl.org)

### Military

#### Air Force

[www.Afas.org](http://www.Afas.org) (Aid Society)  
[www.Afrotc.com](http://www.Afrotc.com) (ROTC)  
[www.Usafa.af.mil](http://www.Usafa.af.mil) (Academy)

#### Army

[www.Aerhq.org](http://www.Aerhq.org) (Army Relief)  
[www.Armyrotc.com](http://www.Armyrotc.com) (ROTC)  
[www.Usma.edu](http://www.Usma.edu) (Academy)

#### Navy/Marines

[www.Nmcrcs.org](http://www.Nmcrcs.org) (Relief Society)  
[www.Nrotc.navy.mil](http://www.Nrotc.navy.mil) (ROTC)  
[www.Usna.edu](http://www.Usna.edu) (Academy)

#### Coast Guard

[www.Cga.edu](http://www.Cga.edu) (ROTC)

#### National Guard

[www.Nationalguard.mil](http://www.Nationalguard.mil)

@fzscounseling



## **IMPORTANT DATES**

# Senior Awards Night

Wednesday, May 3, 2017 at 6:30p.m. in the auditorium  
Students and parents will receive an invitation in April

**SAVE THE DATE!!**

**\*\* Be sure to complete and turn in your Senior Information form**

**ACT TESTING:** WEDNESDAY, APRIL 19, 2017. All **juniors** will be taking the ACT test for FREE. This will be given during the regular school day. Students will register during school with their English class.

**END OF COURSE (EOC), AP AND FINAL EXAM TESTING:** The first two weeks of May. Attendance is very important during this time.

**THE ROAD TO COLLEGE FOR JUNIORS:** Find out what you need to know to prepare for College. Each month there will be an information session held in the Auditorium to share tips on applying to college, ACT information, college expenses and discussing the senior-year timeline. Each session is held immediately after school on early release Thursdays at 1:00p.m.

THURSDAY, APRIL 27, 2017 - Topic: Money, Money, Money

**ESSAY WRITING TIPS AND FINANCIAL ASSISTANCE 101:** THURSDAY, APRIL 20, 2017 7:00, P.M. ROOM 135, SOUTH BROOKINGS HALL. Washington University is hosting two informational sessions for parents and students. No reservation is necessary, but seating is limited. Session check-in begins at 6:30 p.m. For additional information call 314-935-6000.



## COLLEGE REPRESENTATIVES VISITING SOUTH HIGH

To get the up to the minute list of College and University Representatives visiting South High...

[CLICK HERE](#)

## MILITARY VISITS

Representatives from the various branches of the military visit monthly during all three lunches. They will be able to answer any questions you may have.

Navy - 2nd Tuesday of each month

Army - 2nd Tuesday of each month

Air Force Reserve - 3rd Tuesday of each month

Marines - 3rd Tuesday of each month

Army National Guard - 1st Thursday of each month

## \$SCHOLAR\$HIP\$



Do you need help finding scholarships? Click [HERE](#) to see some that we have found for you. The list is constantly being updated so check often.



## FYI

All seniors must return a completed Graduating Senior Scholarship Information form if offered ANY scholarships. You are required to enter information about any awards, scholarships, etc. you have been offered. We use this data for many different things from county and state reports to Senior Awards Night. Start compiling your list now!

**SENIORS WHO ARE ACCEPTING SCHOLARSHIPS WILL BE RECOGNIZED AT SENIOR AWARDS NIGHT, **MAY 3rd****

**BRING WRITTEN VERIFICATION OF THE SCHOLARSHIP WITH THE COMPLETED FORM TO THE COUNSELING OFFICE.**

## Final Transcripts

Once you have decided on your plans (college, military, workforce, etc.) after graduation, you must fill out an **ORANGE final transcript form** and return it to the counseling office. Most colleges and tech schools require a **final transcript** before you can begin classes in the fall. You can pick up a final transcript form in the counseling office. This also gets your name on the bulletin board!  
**EVERY STUDENT IS TO COMPLETE THIS FORM.**

## College Credit Transcripts

You must also send the college or tech school you plan to attend a transcript from the college (SLU, UMSL, Missouri Baptist) where you received college credit while in high school. There are forms in the counseling office for SLU, UMSL, and Missouri Baptist or online at the college website. Ask your counselor if you have any questions concerning this matter.

### Evaluating Award Letters

Online Award Analyzer – [www.wiredscholar.com/deciding/award\\_comparison/ac\\_index.jsp](http://www.wiredscholar.com/deciding/award_comparison/ac_index.jsp)

Using this tool you can:

- Enter and compare award information from each school.
- Determine if the financial aid award and your savings are enough to cover the cost of attendance.
- Analyze options for borrowing additional money when your savings are not enough to cover the cost.
- View an estimate of the monthly payments associated with borrowing different loan amounts to get a better understanding of whether or not you can afford a school.
- Enter and view different financing scenarios to find the right solution for you and your family.
- Save all of the data you enter so you can analyze it now and update it later to explore different options.

### Pre-College Checklist for April

- √ Watch the mail for college acceptance and financial aid award letters. Compare the financial aid awards you receive.
- √ Make your final decision and send in a deposit by the deadline.
- √ Check with the college you've chosen to attend about the details of signing and returning financial aid award letters.
- √ Notify the other schools that you will not be attending.
- √ Watch for important deadlines at your chosen college (housing, financial aid, etc.)





- ◆ Do you love animals and kids? Passionate about wildlife and conservation? Want to help others appreciate the natural world? Have some time to give? Then check out the coolest opportunity for teens in St. Louis - **ZOO ALIVE!** You must be at least 15 years old before June 2017. Applicants should enjoy working with children, and should be interested in animals and conservation. No experience is necessary, but you must be willing to try new things. Zoo ALIVE is a year-round program, which requires at least one full year commitment. Twenty to thirty new members will be accepted each year. For further information visit [www.stlzoo.org/education/zooaliveteenvolunteers](http://www.stlzoo.org/education/zooaliveteenvolunteers)
- ◆ The City of St. Peters has plenty of volunteer opportunities, from assisting with special events to providing ongoing support to City departments. Visit <http://www.stpetersmo.net/volunteer-opportunities.aspx>

### Scholarship Foundation of St. Louis

- Offers interest-free loans with a maximum loan amount of \$11,000 per academic year
- Based on financial need. Must file FAFSA
- Apply online at <https://sfstl.org/>
- **Deadline:** April 15, 2017

### Preparing for College

Below is a link to a new website provided specifically to help high school students and their families prepare for college and career, regardless of where they ultimately decide to go to college.

<http://www.BeReadyForTheFuture.com>

## Are you Interested in the Air Force Academy?

If you have questions or want more information about the Air Force Academy you need to contact the local

Representative; Lt Col. Natalie W. Onuoha [onuoha1@msn.com](mailto:onuoha1@msn.com).

Junior year in high school is when the application process to the Academy truly begins. Students will start by filling out the Pre-Candidate Questionnaire, which becomes available online March 1 every year and starts the application process. Visit this website for complete instructions [goo.gl/OfB4tA](http://goo.gl/OfB4tA)



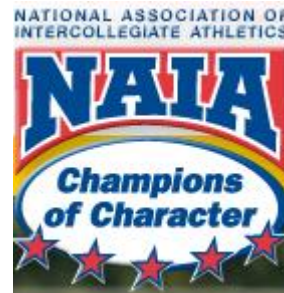
**IF YOU PLAN ON PLAYING A COMPETITIVE SPORT IN  
COLLEGE YOU MUST  
REGISTER WITH THE NCAA OR NAIA  
CLEARINGHOUSE**



Students may apply online at [www.eligibilitycenter.org](http://www.eligibilitycenter.org)  
You will be asked for your high school code. FZS code is 263137

After completing the online process be sure to come to Guidance and get a transcript release form. The clearinghouse requires a transcript be sent after 6 semesters, and another one at the end of your senior year.

When registering to take the ACT you ***MUST*** enter code **9999** in your college and scholarship choices section (O). This will ensure that your ACT score will be sent directly to NCAA.



Students may apply online at [www.playnaia.org](http://www.playnaia.org)  
You will be asked for your high school code. FZS code is 263137

After completing the online process be sure to come to Guidance and get a transcript release form. The clearinghouse requires a transcript be sent at the end of your senior year.

When registering to take the ACT you ***MUST*** enter code **9876** in your college and scholarship choices section (O). This will ensure that your ACT score will be sent directly to NAIA.



# COLLEGE HAPPENINGS AND SPECIAL EVENTS

Finding a college that is right for you means figuring out what you want in a college.

Remember that making a decision about college can take some time. As you do some research and some college visits, you will begin to identify the characteristics that are really important to you.

Once you have some college choices, visit their website to see when they will be offering "visit" days. You can visit during the scheduled days or call and schedule your own personalized campus visit. It is difficult to make a decision on a college when you have never set foot on the campus to see if it "feels" right for you.

## **CULVER-STOCKTON COLLEGE - PRESIDENTIAL PREVIEW DAY - MONDAY, APRIL 14, 2017**

You can sign up for a Presidential Preview Day or schedule an individualized visit. Go to [www.culver.edu/visit](http://www.culver.edu/visit) or call 800-537-1883

## **MISSOURI UNIVERSITY OF SCIENCE & TECHNOLOGY - OPEN HOUSE & DISCOVER DAY**

The Open House program includes campus tours and presentations from the College of Engineering and Computing and from the College of Arts, Sciences, and Business. Students will also visit the academic departments of their choice. Lunch is included. Register online at <http://futurestudents.mst.edu/visit/>

OPEN HOUSE Friday, April 14, 2017

DISCOVER DAY Friday, April 7, 2017

## **VATTEROTT COLLEGE ST. CHARLES - HIGH SCHOOL FAMILY NIGHT - THURSDAY, APRIL 27, 2017**

Financial Aid Introduction and Scholarships, FAFSA Assistance, Campus Tour, Career Education Choices and College Selection, Program Demos, Program Director Meet & Greet. R.S.V.P. by calling 636-940-4100 or e-mail Brandon.fann@vatterott.edu. Refreshments will be provided.

**RANKEN TECHNICAL COLLEGE** would like to invite you to experience the superior hands-on training of their technical and automotive programs by participating in the **Shadow-a-Tech program**. You can spend the day on campus, attend class with a Ranken student, tour the campus, and learn about the admissions process. Space is limited, so please Register early online at [www.ranken.edu](http://www.ranken.edu) early. The dates and location are:

WENTZVILLE Tuesday, April 11, 2017

Tuesday, June 13, 2017

ST. LOUIS Wednesday, April 26, 2017

Wednesday, June 21, 2017

## **UNIVERSITY OF CENTRAL MISSOURI - Visit Days**

Visit campus, take a tour, enjoy lunch, meet with the faculty in your major and learn about admissions, financial aid and on-campus living.

CHOOSE RED DAY- (ANYONE)

Friday, April 14, 2017

SENIOR DAY (FOR ADMITTED STUDENTS ONLY)

Friday, April 15, 2017

## **K-STATE - JUNIOR DAYS**

The cost is \$20 per student and \$15 for each parent, family member, or guest, which covers program materials, parking, and lunch. There will be five Junior Days during the spring semester. You must register at [www.k-state.edu/admissions/juniors.html](http://www.k-state.edu/admissions/juniors.html)

Friday, April 7, 2017

Monday, April 10, 2017

Friday, May 5, 2017



# COLLEGE HAPPENINGS AND SPECIAL EVENTS

## TRUMAN STATE UNIVERSITY - SHOWCASE EVENTS

Individual campus visits can be arranged for most weekdays while classes are in session, or students can attend one of the special Saturday Showcase Events. To schedule a visit go to [www.truman.edu/visit](http://www.truman.edu/visit)

Saturday, April 29, 2017

## CHAMBERLAIN COLLEGE OF NURSING - OPEN HOUSE

THURSDAY, JUNE 22, 2017 4:00 P.M. - 6:00 P.M.

Meet with a Chamberlain Admission Representative - Review the BSN degree program, curriculum, admission and clinical requirements - Learn about Chamberlain student life, student services and financial aid opportunities - Meet with Chamberlain faculty - Tour the Chamberlain campus - See the brand new, high-tech skills labs. RSVP at [www.chamberlain.edu/events](http://www.chamberlain.edu/events) or call 314-991-6200. The events are held on campus at 11830 Westline Industrial Drive, Suite 106, St. Louis, MO 63146

## SUMMER PROGRAMS

### WASHINGTON UNIVERSITY

**HIGH SCHOOL SUMMER SCHOLARS PROGRAM June 11 - July 15, 2017; July 16- August 18, 2017; June 11 - August 5, 2017**

Open to rising **juniors and seniors**, this program allows students to experience all the facets of college life. Students live on campus, enroll in courses, and study alongside undergraduates. Students select from a broad range of stimulating introductory courses in the humanities, math, sciences, and social sciences as well as noncredit college success workshops. The program fee is \$8,085 or \$10,585 (depending on session chosen). Scholarship assistance is available to students who demonstrate financial need.

### SAM FOX SCHOOL OF DESIGN & VISUAL ARTS - SUMMER PRE-COLLEGE PROGRAMS

Are you passionate about art or architecture? The Architecture Discovery Program (July 9-22, 2017) and Portfolio Plus Program (July 9-29, 2017) gives high school students the opportunity to develop skills that are fundamental to these fields. Application fee is \$45 if you apply by April 15, 2017. Early applications are encouraged. For more information visit <http://www.samfoxschool.wustl.edu/precollege>

**HIGH SCHOOL SUMMER EXPERIENCE** - Every summer an academically talented group of high school students gather at Washington University to get an early taste of college life. Take college courses, participate in academic institutes, and attend specialized seminars that give them a head start on their path to college all while living on campus. To see all the programs offered visit <http://summerexperiences.wustl.edu/>

### CAMP CARDIAC - JULY 10 - 14, 2017 8:30A.M. TO 4:00P.M. (DAILY)

A 1-week summer day camp to all high school students at least 15 years and older as of the first day of session. Camp Cardiac's primary focus is on care and maintenance of the heart, although it provides an excellent starting point for careers in all fields of medicine. No application fee required. Deadline and tuition of \$700 is due Monday, April 24, 2017. Apply at <http://www.campcardiac.org/saint-louis.html>

### CAMPNEURO - JULY 17 - 21, 2017 8:30A.M. TO 4:00P.M. (DAILY)

A 1-week summer day camp to all high school students at least 15 years and older as of the first day of session. Camp Neuro's primary focus is on care and maintenance of the brain as well as psychology, although it provides an excellent starting point for careers in all fields of medicine. No application fee required. Deadline and tuition of \$700 is due by Monday, April 24, 2017. Apply at <http://www.campneuro.org/saint-louis.html>





## SUMMER PROGRAMS continued...

### MISSOURI UNIVERSITY OF SCIENCE & TECHNOLOGY

There are many summer programs held on campus each summer; from designing a race car to explosives. Visit <http://futurestudents.mst.edu/summercamps/> to register for a program that suits you. Registrations/applications typically open the first week in February. Some camps fill quickly, so register/apply early to guarantee a spot.

### MISSOURI STATE UNIVERSITY ATHLETIC TRAINING - SPORTS MEDICINE CAMP JUNE 7 - 10, 2017

The Bear's Athletic Training/Sports Medicine Camp is designed for students who are interested in gaining basic athletic training knowledge and skills. Camp participants will have the opportunity to work along side nationally certified and Missouri licensed athletic trainers and meet current MSU athletic training students and athletes. For information and to register visit <http://sportsmed.missouristate.edu/athletic-training-camp.htm>

### WEBSTER UNIVERSITY SUMMER CAMPS

**FILMMAKING - JUNE 12 - 16, 2017 9:00 A.M. - 5:00 P.M.**

This camp will expand your knowledge when you learn to plan, shoot and edit a short feature film.

**MUSIC RECORDING CAMP - JUNE 12 - 16 OR JUNE 19 - 23, 2017 9:00 A.M. - 5:00 P.M.**

Campers will learn useful recording/music mixing skills while working with a local band to create a compact disc of their own. Enrollment is limited in both camps, and early registration is strongly encouraged. Register online at <http://www.webster.edu/mediacamps>

### SOUTHEAST MISSOURI STATE UNIVERSITY - SUMMER CAMPS

Academic Camps, Athletic Camps, Cheer & Dance Camps, Arts Academy Workshop. Register online at <http://www.semo.edu/camps/>

### UNIVERSITY OF MISSOURI-COLUMBIA - ENGINEERING SUMMER CAMP - JULY 9-14, 2017 AND JULY 16-21, 2017

See how your math and science talents can pave the way for a rewarding career in engineering. Enjoy hands-on lab experiments, team design projects and competitions, Campus life and new friends, Industry tours and opportunities to earn MIZZOU engineering scholarships. Registration deadline is April 14, 2017. Get eligibility requirements and download a registration form at <http://engineering.missouri.edu/k-12>

### UNIVERSITY OF MISSOURI-COLUMBIA - MEDPREP MEDICAL EXPLORATIONS - ONLINE JUNE 23 - JULY 7, 2017

ONE **ONSITE** SESSION FRIDAY, JULY 7, 2017

Workshops are designed to assist students in exploring healthcare careers and guide those interested in medical school through the application process. **Medical Explorations** is developed specifically for **rising juniors and seniors** to gain awareness through self-assessment and explore various career opportunities in healthcare. The fee is \$50 plus a \$25 non-refundable deposit. Register at <http://medicine.missouri.edu/medprep/> or contact Andrea Simmons at 573-884-6375 for more information

### SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE - ENGINEERING SUMMER CAMPS JUNE 4-9, 2017, JUNE 11-16, 2017

Camps are designed to introduce high school freshmen, sophomores, and juniors interested in science and technology to various areas of engineering, computer science, and construction. Campers will design and program a video game, build robots, bridges, hovercars, and hydropowered vehicles, and get to see engineering in action. Register at <http://www.siu.edu/engineering/summercamps/index.shtml>



## SUMMER PROGRAMS continued...

### ENGINEERING/STEM SUMMER CAMPS

Each summer, the Society of American Military Engineers (SAME), in collaboration with the Military Components, sponsors a series of engineering/STEM camps designed for High School students who excel in math, science and technical courses and are interested in pursuing engineering in college. These week-long camps are high intensity, fun-filled, hands-on events where students from across the country can learn about engineering and related fields, as well as leadership. Visit <http://www.same.org/STEMCAMPS> for more information.

### FIDM 3-DAY FASHION PROGRAM - JUNE 2017 (DATES VARY ACCORDING TO LOCATION)

Pick your campus: San Diego, Los Angeles, San Francisco or Orange County. Experience fashion through the eyes of a college student in their immersive summer program. Three days for \$300. Register at <http://FIDM.edu/go/summerprogram>

### OTIS COLLEGE OF ART AND DESIGN - SUMMER OF ART JULY 3 - 28, 2017

This intensive, four-week, pre-college program is for individuals 15 and older who wish to study at one of the top art and design colleges in the country. Serious young artists seeking to strengthen and enhance their art and design skills, as well as students with limited art training, are invited to participate. To receive a 2016 Summer of Art brochure by mail just fill out the [Rush Me Info](#) form. **Questions?** Please call 310.665.6864, email [soa@otis.edu](mailto:soa@otis.edu). Also, if you register by April 28, 2017 you will receive a \$100 discount.

### SCAD SUMMER PROGRAMS - ATLANTA, HONG KONG OR SAVANNAH

Art and Design workshops are open to **rising sophomores, juniors and seniors**. Participants choose two workshops from a host of disciplines that include animation, architecture, fashion, jewelry, photography and more. For more information and to register visit <http://www.scad.edu/academics/pre-college-summer-programs/scad-summer-seminars>

### COLUMBIA COLLEGE SUMMER CAMPS

**Various Camps:** Arts, Entrepreneurship, Nursing, Biotechnology, Forensic Science & Criminal Justice, just to name a few. Visit [www.ccis.edu/day/summercamps](http://www.ccis.edu/day/summercamps) to register.

### AUDREY WALTON YOUTH LEADERSHIP CONFERENCE - JULY 20 - 22, 2017

Hosted by the Show-Me State Games in Columbia, Missouri. **Rising sophomores and juniors** have the opportunity to attend this three-day conference, which focuses on teaching youth about leadership, higher education and a healthy lifestyle - **ALL FREE OF CHARGE**. Food, lodging, and transportation to and from the conference is provided. For further information and application stop by the counseling office. Deadline to apply is May 5, 2017